

CHICKEN SCHNITZEL | \$23

Golden fried chicken schnitzel served with seasoned chips and garden salad

BEEF SCHNITZEL | \$24

Golden fried beef schnitzel served with seasoned chips and garden salad

CHICKEN PARMIGIANA | \$27

Golden fried chicken schnitzel topped with Napoli sauce, ham and cheese served with seasoned chips and garden salad

DIGGERS PIE OF THE DAY | \$22

See specials screen for today's creation

Served with creamy garlic mashed potato, peas and gravy

MEMBERS RECEIVE 10% CASH BACK

CAESAR SALAD | \$18

Cos lettuce, crispy bacon, parmesan cheese, croutons and boiled egg tossed with Caesar dressing

FARMER'S SALAD | \$15

Cos lettuce, cherry tomatoes, red onion, carrot, cucumber, avocado, corn kernels, warm sweet potato and radish tossed in Italian dressing

Lids Meals
MEMBERS RECEIVE 10% CASH BACK

KIDS HOTDOG KIDS FISH KIDS STEAK

KIDS CRUMBED CHICKEN TENDERS

\$11

All served with seasoned chips and small drink and an ice cream

ESSENCE RESTAURANT



GARLIC BREAD | \$8

Add bacon and cheese | \$4 Add cheese | \$3 Add sweet chilli | \$2

HOMEMADE SOUP OF THE DAY | \$11

Served with a freshly baked dinner roll

MAC AND CHEESE CROQUETTES | \$12

Served with tomato relish

VEGETABLE SPRING ROLLS | \$12

Served with sweet chilli and soy dipping sauce

HONEY SOY CHICKEN WINGETTES | 1kg \$28 | 1/2kg \$14

Chicken wingettes with coleslaw, char grilled corn cob

SALT AND PEPPER DUSTED LEMON PEPPER SQUID | \$13

Served with aioli and lemon

SLIDERS | \$14

2 beef, lettuce and tomato sliders with ranch dressing served with coleslaw, sweet potato fries and cheese sauce

SHARE PLATE | \$30

Vegetable spring rolls, honey soy wingettes, lemon pepper squid and garlic bread served with soy and tartare dipping sauces

MEMBERS RECEIVE 10% CASH BACK

FISH OF THE DAY | \$29

See the specials screen for today's creation

SEAFOOD BASKET | \$26

Crumbed fish, crumbed prawn cutlets, crumbed calamari rings and battered seafood bites

GARLIC PRAWNS | \$25

Served in a garlic cream reduction sauce on a bed of steamed rice with broccolini

TEMPURA BATTERED HOKI | \$21

Chef's own Tempura battered hoki served with seasoned chips and garden salad. lemon and tartare sauce

CHILLI PRAWN SPAGHETTI | \$24

Prawns, onion, garlic, fresh chilli, spinach, parsley, olive oil and cracked pepper

BBQ GRILLED BARRAMUNDI | \$34

Served with grilled Cajun prawns and squid with seasoned chips and garden salad, lemon and tartare sauce

MEMBERS RECEIVE 10% CASH BACK

Cooked to your liking and served with seasoned chips and garden salad or creamy garlic mashed potato and seasonal vegetables

RUMP 200G

RUMP 400G | \$34

RIB FILLET 300G | \$36

T-BONE 300G | \$33

Garlic prawns x4 | \$7

Eggs x2 | \$4

Onion rings x8 | \$5

Lemon pepper squid | \$5

Traditional gravy, Mushroom sauce, Pepper sauce, Diane sauce, Garlic sauce, Bearnaise sauce, Hollandaise sauce

MEMBERS RECEIVE 10% CASH BACK

PORK RIBS AND CHICKEN WINGETTES | \$35

Served with coleslaw, seasoned chips and BBQ sauce

PORK AND PRAWN PAD THAI | \$21

Served with rice stick flat noodles and chef's own soy and tamarind sauce

FETTUCCINE CARBONARA | \$19

Onion, bacon and mushroom, in a creamy white wine reduction sauce

Add chicken or prawns | \$6

BEEF LASAGNE | \$20

Made by our chefs, served with seasoned chips and garden salad

CHICKEN SCALLOPINI | \$26

Scallopini cut chicken in our rich creamy mushroom and thyme sauce, served with creamy garlic mashed potato and baby carrots

CHICKEN KIEV | \$29

Crumbed Chicken breast filled with garlic butter served with seasoned chips and garden salad

PORK BELLY | \$29

Served with creamy garlic mashed potato, broccolini, apple and beetroot compote

NOT CHICKEN - CHICKEN SCHNITZEL (VEGAN) | \$23

Served with seasoned chips, garden salad and vegan aioli